



## HANDCRAFTED HIMALAYAN HERBALS

### WHOLESALE PRODUCT GUIDE 2012/13 HIMALAYAN NATURALS





## ABOUT WILD EARTH

Wild Earth produces handcrafted Himalayan herbal personal care products using the finest ingredients available. Our products are designed to nurture and nourish the skin and soothe, stimulate and balance the senses.

### OUR VISION

To bring the finest authentic Himalayan herbal products – drawn from the rich indigenous healing traditions of the Himalayas - to the world market thereby creating sustainable income generation and forest conservation in rural mountain communities.

### OUR PRODUCTS

The product ranges include herbal soaps; skin scrubs and mud rubs; body and massage oils; aromatic pillows and products to enhance wellbeing.

The herbs used in our products are sourced from remote areas of the Himalayas, often untouched by the modern world and chosen for their proven therapeutic benefits and rich long heritage of use. Reflecting the diversity of the Himalayan region, our herbal blends incorporate Ayurvedic knowledge, Tibetan therapies and the wisdom of mountain healers.

We combine essential oils, herbal infusions and traditional Himalayan ingredients in an all-vegetable base to produce soaps with a luxurious lather that clean your skin naturally. Each bar of soap is carefully hand crafted using a traditional cold process technique and cured for at least one month. We choose to retain the naturally occurring glycerin for a rich moisturizing soap that is kind to skin.

For massage and body oils that are rich in herbal essence, we add our herb blends to skin-loving olive oil and leave them to slowly infuse in the Himalayan sun.

Wild Earth products contain no artificial preservatives, colors, petrochemicals and are suitable for vegetarians. We have never tested on animals and we never will.

All our products are handmade and hand packed by women who are mostly from poor, remote communities and now working in Kathmandu. We are committed to using sustainably harvested plants, following community trade practices, and providing our employees with a working environment based on respect and dignity.



Photo Raju Tamang



Photo Karma Bhutia (TMI)



Photo Thomas L Kelly





## HIMALAYAN NATURALS

A range of all-natural Himalayan herbal products developed from recipes based on the traditional wisdom of mountain shamans and healers.

### HIMALAYAN NATURALS PURE HANDCRAFTED SOAPS

Wild Earth's Pure Himalayan Soaps contain the finest natural ingredients. Each bar of soap is carefully hand crafted in Nepal using a traditional cold-process technique and cured for at least one month. We combine natural essential oils, herbal infusions and traditional Himalayan ingredients in an all-vegetable base to produce soaps with a luxurious lather that clean your skin naturally.

#### TOP TO BOTTOM UNSCENTED SOAP



A shampoo and body bar for sensitive skin. A pure and gentle vegetable soap bar with neutral henna for cleansing both hair and body. This unscented soap is ideal for sensitive skins.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-006-SO18 (100 gm)**

**Product Code HN-006-SO26 (25 gm)**

#### TOP TO BOTTOM MINT SOAP



A refreshing shampoo and body bar that's perfect for travel. An all-natural and biodegradable bar with the cooling and antibacterial properties of mint essential oil (*mentha arvensis*) and henna, a natural hair conditioner.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-002-SO18 (100 gm)**

**Product Code HN-002-SO26 (25 gm)**

#### LEMONGRASS AND GREEN TEA SOAP



An invigorating all-purpose body bar for oily, normal and mature skin. We've blended the refreshing scent of lemongrass, a natural antiseptic, with green tea, an exfoliant and astringent, to bring you an Oriental spa you can use every day.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-001-SO18 (100 gm)**

**Product Code HN-001-SO26 (25 gm)**

#### MORNING SUN UNSCENTED SOAP



Moisturizing for dry skin. A gentle unscented bath bar with moisturizing beeswax for dry skin.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-008-SO18 (100 gm)**

**Product Code HN-008-SO26 (25 gm)**

### MORNING SUN CITRUS SOAP



A mild bath bar with an uplifting citrus scent to start your day the right way. Suitable for sensitive or mature skin.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-007-SO18 (100 gm)**

**Product Code HN-007-SO26 (25 gm)**

### WILD HIMALAYAN NETTLE UNSCENTED SOAP



Our best soap for sensitive skin. Nettle is a staple of traditional healers and used extensively for treating a variety of skin problems. Especially good for sensitive and blemished skin.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-005-SO18 (100 gm)**

**Product Code HN-005-SO26 (25 gm)**

### WILD HIMALAYAN NETTLE SPEARMINT SOAP



An exfoliating and invigorating all-purpose bar. This soap combines nettle, a staple of traditional healers and used for treating a variety of skin problems, with the refreshing fragrance of spearmint. Especially good for blemishes and mature skin.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-003-SO18 (100 gm)**

**Product Code HN-003-SO26 (25 gm)**

### MOUNTAIN FOREST SOAP



Six alpine essential oils with a number of therapeutic benefits are combined with nettle, used extensively by traditional Himalayan healers for treating a variety of skin problems. Transport yourself to the alpine forests of the Himalayas with our highly fragrant, exfoliating soap suitable for all skin types.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-004-SO18 (100 gm)**

**Product Code HN-004-SO26 (25 gm)**

### CITRONELLA SOAP



Citronella works as heart stimulant when inhaled and is a good insect repellent. Citronella is useful for excessive perspiration, fatigue, headache, and oily skin.

Minimum weight per bar 100 g (3.5 oz)

**Product Code HN-009-SO18 (100 gm)**

**Product Code HN-009-SO26 (25 gm)**

## HIMALAYAN NATURALS BALMS

Wild Earth's range of natural aromatic balms will soothe your skin and your mind. Our Soothing Balms can be used for dry, chapped skin & lips, muscle pain relief, colds & flu, insect bites, orheadaches. The Balm range comes in Wintergreen, Lime & Lemon, Eucalyptus, Citronella, Peppermint & Tea Tree, Honey, Lavender, and Cedarwood & Frankincense.

### CITRONELLA BODY BALM



A soothing, uplifting, lemony aroma balm with excellent antiseptic natural insect repellent and deodorizing properties

**Product Code CB06 (25 gms in plastic jar)**

### EUCALYPTUS BODY BALM



A cooling and refreshing balm removes exhaustion and mental sluggishness and rejuvenates the spirits of the sick

**Product Code EB01 25 gms in plastic jar**

### HONEY BODY BALM



A sweet, fruity aroma flavored moisturizing balm; an emollient and nourishing; suitable for all skin types; especially useful for aging skin.

**Product Code HB05 25 gms in plastic jar**

## LAVENDER BODY BALM



A soothing, calming and relaxing balm with sweet refreshing aroma

### Product Code

## CEDARWOOD & FRANKINCENSE BODY BALM



A spiritual feeling calming balm with balsamic aroma

### Product Code CFB 07 (25 gms in plastic jar)

## HIMALAYAN NATURALS AROMATIC HOME PRODUCTS

Wild Earth's aromatic pillows and amulets contain Himalayan herbs specially blended to work with the body and restore balance and are based upon ancient healing recipes. While aromatherapy is a relatively new trend, the people of Nepal, Tibet and South Asia have used aromatic herbs as a matter of course for centuries. The fresh and pungent herbs are enclosed in handmade liners and pure dupion silk or brocade covers.

### HIMALAYAN NATURALS AROMATIC PILLOWS – SMALL DREAM PILLOW



Fosters clarity while dreaming, with Himalayan herbs blended according to ancient Tibetan and yogic traditions. The genuine Himalayan herbs in this pillow are used by traditional healers to enhance awareness and sensitivity, sharpen the memory, strengthen the body's inner fire while calming the nerves, fuel the mind and stimulate clairvoyance in dreams. Tuck pillow among other bed pillows to inhale the scents while in bed. Herbs are contained in a cotton pillow liner and removable magenta dupion silk pillow cover. Pillow size 14 cm x 11cm (5.5" x 4.5").

### Product Code HN-010-PL42

### PASSION PILLOW



An aphrodisiac blend of sixteen Tibetan and Himalayan herbs to stimulate and arouse both male and female energies. The genuine heat-producing Himalayan herbs in this pillow purify, summon divine energy, awaken and release the body's inner fire, strengthen the nerves, and arouse clarity and joy. Tuck pillow among other bed pillows to inhale the scents while in bed.

Herbs are contained in a cotton pillow liner and removable red dupion silk pillow cover. Pillow size 14cm x 11cm (5.5" x 4.5").

**Product Code HN-011-PL42**

### TRANQUILITY PILLOW



Surrender your tensions to soothing and mind-purifying Himalayan and Tibetan scents. The genuine Tibetan and Himalayan herbs in this pillow will relax, soothe and prepare the body for a restful evening and deep sleep. Contains mind-purifying incenses, blended by a Tibetan healer, to clear away past tensions and put the senses at ease. Tuck pillow among other bed pillows to inhale the scents while in bed.

Herbs are contained in a cotton pillow liner and removable teal-colored dupion silk pillow cover. Pillow size 14cm x 11cm (5.5" x 4.5").

**Product Code HN-012-PL42**

### HANGOVER PILLOW



Ease the morning-after blues with Himalayan herbs for purification and mental alertness. The genuine Himalayan herbs in this pillow are used by traditional healers to cure headaches, purify polluted minds, promote mental alertness and concentration, treat nausea, restore strength and courage and ward off evil spirits. Tuck pillow among other bed pillows to inhale the scents while in bed.

Herbs are contained in a cotton pillow liner and removable gold dupion silk pillow cover. Pillow size 15cm x 11cm (5.5" x 4.25").

**Product Code HN-013-PL42**

## ENERGY PILLOW



Traditional Himalayan herbs specially blended to promote clarity, concentration and energy renewal. The genuine Himalayan herbs in this pillow are used to stimulate and awaken the mind. They are balanced to prevent over-stimulation and to promote awareness and strength of mind. Tuck pillow among other bed pillows to inhale the scents while in bed.

Herbs are contained in a cotton pillow liner and removable orange dupion silk pillow cover. Pillow size 15cm x 11cm (5.5" x 4.25").

**Product Code HN-014-PL42**

## AROMATIC PILLOWS – MEDIUM CALM PILLOW



The handpicked Himalayan herbs in this pillow are traditionally used to calm nerves, relieve anxiety and ease feelings of stress and tension. Herbs are contained in a cotton pillow liner and removable Tibetan brocade pillow cover. Pillow size 23 cm x 18 cm (9" x 7")

**Product Code HN-020-PL49**

## SOOTHE PILLOW



The handpicked Himalayan herbs in this pillow are traditionally used to quiet and focus the mind, particularly before and during meditation helping to achieve a sense of peace and restfulness.

Herbs are contained in a cotton pillow liner and removable Tibetan brocade pillow cover. Pillow size 23 cm x 18 cm (9" x 7")

**Product Code HN-021-PL49**

## BALANCE PILLOW



The handpicked Himalayan herbs in this pillow are traditionally used to soothe, release stress, harmonize the mind and strengthen the senses. Herbs are contained in a cotton pillow liner and removable Tibetan brocade pillow cover. Pillow size 23 cm x 18 cm (9" x 7")

**Product Code HN-022-PL49**

## OTHER AROMATIC PILLOWS & CUSHIONS

### BUDDHA MEDITATION PILLOW (SILK BACK)



Wild Earth's Meditation Pillow contains a special blend of aromatic Himalayan plants used by Buddhist practitioners to arouse enlightened qualities Ganden Khenpha, Lhasang Shukpa, Palu, Pangbu, Chandan, Camphor, Clove and Cardamom. These are traditionally offered on to invoke peace and awareness for all beings.

The front of the pillow cover is graced with the image of the Buddha. The back cover is in a choice of either red silk or red cotton. Pillow size 22cm x 16cm (8.75" x 6.25").

**Product Code HN-019-PL45 (SILK BACK)**

**Product Code HN-043-PL45 (COTTON BACK)**

### LARGE HERBAL BED CUSHION



An ideal finishing touch to a bedroom or living room, our large herbal cushion is available in the following scents

Dream, Tranquility, Hangover, Passion, Energy, Calm, Balance & Soothe

The herbs are contained in a cotton liner sewn onto the inner cushion. The removable outer cushion cover is available in either Tibetan brocade or dupion silk. The pillow is provided in a protective voile bag.

Pillow size 16" x 11" (41 cms x 28 cms)

**Product Code HN-024-PL00**

### ZODIAC PILLOWS



A complex, stressful life becomes relaxing if you surround yourself with essences, colors, and objects that resonates with your Zodiac Sign. The 12 Wild Earth zodiac pillows represent the scents and colors complimenting the zodiac traits.

Each pillow has a removable dupion silk cover and is sized 15cm x 11 cm (6" x 4.25").

**CAPRICORN**

**Product Code HN-034-PL52**

**AQUARIUS**

**Product Code HN-035-PL52**

**PISCES**

**Product Code HN-036-PL52**

**ARIES**

**Product Code HN-025-PL52**

**TAURUS**

**Product Code HN-026-PL52**

**GEMINI**

**Product Code HN-027-PL52**

**CANCER**

**Product Code HN-028-PL52**

**LEO**

**Product Code HN-029-PL52**

**VIRGO**

**Product Code HN-030-PL52**

**LIBRA**

**Product Code HN-031-PL52**

**SCORPIO**

**Product Code HN-032-PL52**

**SAGITTARIUS**

**Product Code HN-033-PL52**

**SET OF ALL 12 SIGNS**

**Product Code HN-042-GS99**

#### **HIMALAYAN NATURALS AROMATIC AMULETS**

Our Himalayan Naturals Aromatic Amulets contain the same special blends of Himalayan herbs as our Aromatic Pillows. Wear one to experience the benefits of these formulas any time, any place. The amulets are made with dupion silk with a silver bead strung on black nylon thread. Amulet size approximately 2.5cm x 2.5cm (1" x 1").

#### **PASSION AMULET**



Based upon ancient healing recipes from the Himalayas, our Passion Amulet combines aromatic herbs that are traditionally used to purify, summon divine energy, awaken and release the body's inner fire, strengthen the nerves, and arouse clarity and joy.

**Product Code HN-011-AM33**

#### **TRANQUILITY AMULET**



Based upon ancient healing recipes from the Himalayas, our Tranquility Amulet will relax, soothe and prepare the body for a restful evening and deep sleep. Contains mind-purifying incenses, blended by a Tibetan healer, to clear away past tensions and put the senses at ease.

**Product Code HN-012-AM33**

#### **ENERGY AMULET**



Based upon ancient healing recipes from the Himalayas, our Energy Amulet combines genuine Himalayan herbs to stimulate and awaken the mind. The herbs are balanced to prevent over-stimulation and to promote awareness and strength of mind.

**Product Code HN-014-AM33**

## DREAM AMULET



Based upon ancient healing recipes from the Himalayas, our Dream Amulet contains aromatic herbs and incenses traditionally used by Tibetan yogis to enhance awareness and sensitivity, sharpen the memory, strengthen the body's inner fire while calming the nerves, fuel the mind and stimulate clairvoyance in dreams.

**Product Code HN-010-AM33**

## HIMALAYAN NATURALS SACHETS

Wild Earth's sachets, made of natural herbs, have much more to them than aromatic smell alone. These sachets are a NATURAL protection against INSECTS and unwanted odors. Place them in your drawers, closets, trunks, and shelves to safeguard woolens, linens, and cotton.

### CEDARWOOD & LAVENDER SACHET



A scented sachet, blended with Cedarwood and Lavender essential oils and specially chosen herbs for a fragrant scent.

### CITRONELLA SACHET



A scented sachet, blended with Mentha leaves, artemisia leaves and Eucalyptus leaves with specially chosen herbs for a fragrant scent.

#### MINT SACHET



A scented sachet, blended with Mentha leaves, Rosemary leaves and spearmint leaves with specially chosen herbs for a fragrant scent.

#### NEPALI PEPPER SACHET



A scented sachet, blended with Mentha leaves, Lemongrass and camphor leaves with specially chosen herbs for a fragrant scent.

#### ROSE & JASMINE SACHET



A scented sachet, blended with rose petals and lemongrass leaves, urtica dioica leaves and specially chosen herbs for a fragrant scent.

#### VANILLA & NEPALI SPICES SACHET



A scented sachet, blended with Cinnamon leaves, Champhor leaves and Zanthoxylum Armatum with specially chosen herbs for a fragrant scent

## HIMALAYAN NATURALS BLENDED OILS

### DREAM BLENDED OIL



Fosters clarity while dreaming, with scents blended according to ancient Tibetan and yogic traditions. This blend is used by healers to enhance awareness and sensitivity, sharpen the memory, strengthen the body's inner fire while calming the nerves, fuel the mind and stimulate clairvoyance in dreams. Dream oil can be used to re-scent a Dream pillow, added to bath water or used in an oil diffuser.

Available in 6 ml amber glass bottle

**Product Code HN-010-EO28**

### PASSION BLENDED OIL



An aphrodisiac blend to stimulate and arouse both male and female energies. This blend can help to purify, summon divine energy, awaken and release the body's inner fire, strengthen the nerves, and arouse clarity and joy. It can be used to re-scent a Passion pillow, added to bath water or used in an oil diffuser.

Available in 6 ml amber glass bottle

**Product Code HN-011-EO28**

### TRANQUILITY BLENDED OIL



Surrender your tensions with soothing and mind-purifying scents. This oil blend will help to relax, soothe and prepare the body for a restful evening and deep sleep. This Tranquility oil blend can be used to re-scent a Tranquility pillow, added to bath water or used in an oil diffuser.

Available in 6 ml amber glass bottle

**Product Code HN-012-EO28**

### HANGOVER BLENDED OIL



Ease the morning-after blues with our Hangover oil for purification and mental alertness. This oil blend is used by healers to cure headaches, purify polluted minds, promote mental alertness and concentration, treat nausea, restore strength and courage and ward off evil spirits. Hangover oil can be used to re-scent the Hangover pillow, added to bath water or used in an oil diffuser.

Available in 6 ml amber glass bottle

**Product Code HN-013-EO28**

### **ENERGY BLENDED OIL**



Different oils specially blended to promote clarity, concentration and energy renewal. This blend can be used to help stimulate and awaken the mind. It has been carefully balanced to prevent over-stimulation and to promote awareness and strength of mind. Energy oil can be used to re-scent an Energy pillow, added to bath water or used in an oil diffuser.

Available in 6 ml amber glass bottle

**Product Code HN-014-EO28**

### **CALM BLENDED OIL**



A calming blend of Himalayan herbs traditionally used to ease nerves, tension and anxiety. Use to refresh your Calm pillow or add to a diffuser, oil burner or potpourri to gently fragrance your home.

Available in 6 ml amber glass bottle

**Product Code HN-020-EO28**

### **SOOTHE BLENDED OIL**



Soothe and relax your mind with a restful and peaceful blend of Himalayan scents. Use to refresh your Soothe pillow or add to a diffuser, oil burner or potpourri to gently fragrance your home.

Available in 6 ml amber glass bottle

**Product Code HN-021-EO28**

### **BALANCE BLENDED OIL**



A gentle fragrance to help you regain a sense of balance in your mind, body and spirit. Use to refresh your Balance pillow or add to a diffuser, oil burner or potpourri to gently fragrance your home.

Available in 6 ml amber glass bottle

**Product Code HN-022-EO28**

## HIMALAYAN NATURALS SMUDGE STICKS

Since ancient times, native people the world over have used burning herbs to purify their homes and other spaces, their belongings, themselves, and one another. As the smoke from these herbs fills a space and encircles those present, it has many effects, both individually and collectively. It is not only a signal for the mind to be still and present in the moment, but it is also a demarcation of time, announcing, as it were, that sacred time is beginning.

Smudge sticks traditionally smolder and are not meant to burn rapidly. They can be used before beginning meditation or undertaking any ritual or ceremony, and are a thoughtful benefaction for friends and family.

### ORIGINAL HIMALAYAN SMUDGE STICK



Our Original Himalayan Smudge Stick contains herbs gathered in Nepal and blended to promote purification and positive energies.

High Mountain Juniper purifies, and summons divine energies. Rhododendron awakens the mind and pleases sacred energies. Artemisia evokes visions, while Camphor dispels malevolent thoughts and spirits. Lemongrass sweetens and brings clarity of perception.

**Product Code HN-017-SM38 (approx 7")**

**Product Code HN-017-SM39 (approx 4")**

### CLEANSING AND PURIFYING SMUDGE STICK



Our Cleansing and Purifying Himalayan Smudge Stick contains herbs gathered in Nepal and blended to promote cleansing and purification.

High Mountain Juniper invokes dakinis, purifies and summons divine energies. Camphor dispels malevolent thoughts and spirits while Mentha brings clarity and insight.

**Product Code HN-016-SM38 (approx 7")**

**Product Code HN-016-SM39 (approx 4")**

### CALMING AND HEALING SMUDGE STICK



Our Calming and Healing Himalayan Smudge Stick contains herbs gathered in Nepal and blended to soothe and promote healing.

Sage summons divine energies and Camphor dispels malevolent thoughts and spirits. Mentha brings clarity and insight while Sandalwood grounds energies and its sweet smell cools and calms the soul.

**Product Code HN-015-SM38 (approx 7")**

**Product Code HN-015-SM39 (approx 4")**



## ORDERING INFORMATION

### DELIVERY

The majority of our products are handcrafted and made to order. Please allow at least 30 days to produce your order, plus 5-14 days for delivery of goods post production (via air cargo). Please keep in mind that larger orders may take longer to produce and some of our specialty soaps require 8 weeks for soap-curing. Wild Earth can provide partial shipments in the case of rush orders.

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### CONTACT US

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